

From The President

Don't believe that bowls stops in the "off" season! Vic Magoch and Alan Harris are making sure that we at least retain our skills, and hopefully in most cases we might even improve a little. We all need to know how to bowl on a variety of surfaces and at a variety of speeds. Bowling on greens that run (or perhaps walk) at 12, 13 or 14 seconds is a skill as well so don't sit back and wait for Summer. We are seeing fields of 40+ bowlers on Wednesday and Saturday and we would love to see you in that field. Practice your skills and perhaps share some of your knowledge with our newer bowlers. A small opportunity to put back into this funny old game of ours!

See you soon. **Terry Onto**

Introducing our Ladies Vice President

I was born and grew up in Adelaide and have 3 sons and 8 grandchildren who make up a big part of my life. I played basketball and netball (giving up netball when I was 50). The family are all involved in sport - Crows supporters, when they play, Westies when Tyson is playing, Plympton when the two younger boys play and netball with the girls. Thank goodness none of them are interested in summer sports, otherwise when would I get to play bowls?

My profession was mainly as Secretary and Personal Assistant in my latter working years. I am presently an Independent Business Owner (sounds good doesn't it?) and have my own global online store which services 23 countries around the world.

During the years 1986-89 I learned to scuba dive and together with a partner, we conducted a part time business, "Diving with Dolphins", at the old Marineland, West Beach. After that we decided to travel north and spent the next 10 years in the Northern Territory. We lived in Alice Springs, moved to Katherine where we were caught in the '98 floods and then moved back to Alice.

During this time we toured and explored over much of Australia. In fact I have a map of Australia and have marked the following: each corner of the States, most northern, eastern and southern parts, both east and west, but unfortunately not the most western parts of Australia.

We had a great time in the Northern Territory where we had six weeks holiday per year. We travelled to the most northern parts of Australia, Thursday Island, travelled the Gun Barrel Highway, Canning Stock Route, Tanimi Track, and went through Burke and Wills country. When you read about the early explorers you think 'Yeah, it must have been hard coming from England and forging their way across this large unchartered land'. But by gosh until you actually see and travel, it certainly brings reality home to roost. And we travelled with water, beer, food, refrigerated esky, even so, sometimes it was a bit scary. One time we got absolutely lost in a dust storm – we couldn't see two feet in front. Another time we were caught in heavy rain and badly bogged. But I'm here to talk about it. Unfortunately that part of my adventurous life has ceased, but I still get itchy feet when I see caravans on the road heading north.

In 2000 I came back to Adelaide, found the bowls scene and I have been here ever since. I have been secretary of two clubs, selector, Councillor with Region 10, on various committees in Bowls SA and now my most challenging - Ladies Vice President of the Hawthorn Bowling Club. So bring on 2013 – I am looking forward to contributing to the HBC Board so that it continues the excellent work of its predecessors. **Lesley Slattery**

(Thanks Lesley for your article. I am sure our readers will be interested and indeed surprised at your adventurous life. We look forward to your leadership in the coming season) Ed.

From the Board - Legalities

Risk Assessment and Management Plan.

Recent changes to the **General Code of Practice** under the Liquor Licensing Act 1997 have made it **mandatory** that every club must:

- Undertake a risk assessment of the club
- Implement a written Management Plan which is kept current. **All voluntary and paid staff** that serve or supply liquor on the premises **must be trained** in its contents and the manner it is to be implemented.

We are currently in the process of working through a template of a Risk Assessment & Management Plan provided by ClubsSA. At a suitable date prior to **July 18th** all volunteer and paid staff will need to undertake a training session on the plan. The thrust of the Plan focuses on the responsible serving of alcohol, intoxication, incidents and keeping records of staff training. Terry Onto and Brian & Maree Schaefer met with Greg Fisher from ClubsSA who clarified some issues and has assisted in developing and implementing the Plan.

To comply with the requirements, our club has been audited by ClubsSA and we are in the process of complying with aspects that needed upgrading. Hence the Emergency exit signs that you see at the three main exits. (Thanks to the Eric Waite and Philip Dutton from Mitcham Council who produced the signs). All volunteer staff must be trained every six months in emergency evacuation procedures.

Other changes are the relocation of the Limited Licence to the main entrance and the placing of signs regarding serving alcohol at the bar. Still to be completed is the tagging of all electrical cables amongst several other tasks.

Fair Work Act requirements

As our club has several paid employees we must also comply with the Fair Work Act 2009. That requires that clubs with paid employees are required by legislation to maintain a hard copy of the 'Registered & Licenced Clubs Award 2010' (94 pages) together with the 'National Employment Standards' (50 pages) on their premises. Fines can be issued for non-compliance. We are in the process of acquiring the latter, and awaiting an update of the former following the recent National Wage Case. Anne Onto and Brian Schaefer met with Denis Kildare,

the Industrial Relations Advocate/Advisor from ClubsSA, to clarify issues regarding paid staff.

Brian Schaefer.

Commitment Sheets

On Monday 17th June our Secretary will be sending out the Commitment sheet. Please return these as soon as possible and no later than 31st July so the selectors can make an informed decision on how many pennant teams can be entered for the 2013-14 season. Please note that added to the form is an optional section requesting emergency contact details. This is part of our Duty of Care to our members. In the case of an emergency we will have the information to contact the nominated person.

Wednesday Evening Dinners

On Wednesday June 5th we kicked off our first dinner for the winter months. 31 members and friends took advantage of this \$10 meal. And what a choice we had – Beef Ragout or Curry Chicken, rice or vegetables and even a desert of warm apple slice and ice-cream. Some people said they plan to come on the first Wednesday of **every month**, others said they thought they would come **every fortnight** while others are definitely going to come **EVERY week**. When we arrived home I phoned a friend and told her about the dinner at the club and her response was '**count us in next time**'. Before the meal was ready to be served participants were having a relaxed chat over the glass or red or just plain chatting. How about you organising a group to come not only to keep in touch with your friends but to enjoy this generous offer? And be assured if you come on your own there are plenty of others to keep you company!! All you need to do is put your name up on the list in the clubhouse and if you not visiting the clubhouse during the winter months you can email or phone Brian (secretary) and he will gladly put your name on the list. Look forward to seeing you there!!

(Please note there will be no dinner on Wednesday, 19th June due to the clubrooms being booked for a community meeting).

Almoners

To promote a caring culture in our club an Almoner is an important cog in informing members of our fellow bowlers who are not well. Thanks to Joy Kirk and Cedric Williams who have been the club Almoners for some years. As Cedric does not wish to continue a new Almoner will be announced soon.. If a member does not wish his/her circumstances to be known, that will be respected, but others may wish members to know of their situation.

Reports

Ladies Vice President – Lesley Slattery

A few things are happening. We have a new member who has indicated she will play on Thursdays. Welcome to the Club Maggie Forbes. A quick count of our lady members indicates we have 34 who have previously indicated they will be playing this coming season. The Secretary is sending out commitment sheets in the next week. I urge you to complete and return by the due date. If we are to put three teams in on Thursdays, we must have the numbers.

Bev Ploenges, our Chair of Selectors, has set external trial dates as follows; Thursday 19 and 26 September (have not finalised Clubs as yet) and 3 October 2013 (against Happy Valley). Put these dates in your diaries now.

Arrangements for our Card Day on 27 August are in hand. Co-ordinators have been selected and an email will be forwarded next week with full details. Start looking for items for the trading table - remember "one person's trash is another person's treasure."

We are also in the throes of trying to organise a Thursday morning social occasion. We hope to attract ladies from the district to come to the Club, have a game of bowls followed by cake, coffee and chat. Hopefully this will happen during the month of July/early August. I would like our current members to support this venture. It is about promoting the Club and building a rapport - we will not be pushing them about Pennants.

One last thing, if you enjoyed the last Herald, I hope you let Maree know what a good job she did. I thought it was well presented and interesting to read. If you have any interesting snippets please pass them on as I am sure Maree will be pleased to publish.

Social Bowls and Winter Coaching –

Bowlers should always be questioning their program and form:

- Is my game continuing to improve?
- Have I plateaued?
- Am I declining (heaven forbid) and won't admit it?
- Do I have a goal in mind? Eg improve at least one team this coming Pennant season.

History tells the coaches the bulk of players are not comfortable for even a recognised club coach to approach uninvited and offer advice. They are certainly not happy with non-qualified people offering advice.

There is a definite program in place for new players. They get coached on all aspects of the game for as long as they require it. Even when they commence competition bowling either Pennants or Social they are protected, watched and offered advice as they progress. However all these people eventually move on and it is assumed if they need some advice or a review of their game they will ask for it.

Currently Alan Harris and John Whittle are conducting Tuesday and Thursday late afternoon sessions (4.00pm to 5.30pm) for new, first year and any other player who puts their hand up.

In the hour prior to Wednesday and Saturday social bowls coaching is also available if requested.

Qualified club coaches at present are John Whittle, Alan Harris, Jim Bell and Brian Esselbach.

In all due respect to the many, many bowlers who try to assist and give coaching advice at all levels who have neither the experience nor qualification – please back off. If you must, then just point out to a fellow player you think they have a problem and should see a coach – particularly if they are a relatively new player and seem to be developing a bad habit.

So this is it in a nutshell – review your game and if you need some help it is available in

the current coaching sessions or at a time that is suitable to you and to the coach.

Good luck and good bowling. **Alan Harris**

Watch this Space!

We all know that David Sutherland is a 'green finger' when it comes to rose gardening. We have all seen the beautiful blooms that are often in a vase in the clubhouse. He even has people query him about pruning at different times to what we would expect and then he gets other comments like 'how come your roses are blooming so well now?'. So I think he has a few secrets up his sleeve. I have asked him to share some of his knowledge from time to time and if we are lucky, and if you are interested perhaps we can get him to demonstrate his pruning methods and give us other tips. What do you think?

A special thanks to David for all the work he loves doing for the benefit of our club.



Welcome

We welcome into our membership Maggie Forbes. Her application was approved at the June meeting of the Board. In the past Maggie has played tennis and golf and is now turning her sights to bowls which she thought 'she would never do'. Maggie shows great potential as a bowler and we look forward to playing bowls with her. Welcome again to our community Maggie!

Intrepid Hawks

Four players have put their hand up to play at Payneham 17th June

Eight players have registered to play at Mt Barker 25th June

Five people so far have indicated they wish to play at Wallaroo for the weekend 26th July. Anyone wishing to receive further information please email or phone Maree Schaefer

Nomadic Hawks

Calm seas, sunny days, temperatures around 26C and exotic tropical islands greeted Kirri and me as we spent 35 glorious days cruising the Pacific Ocean on the Sea Princess. Leaving from Sydney we cruised firstly to Tonga then Western Samoa, up to Hawaii taking in 4 islands and 5 ports. From there we cruised to French Polynesia stopping in Tahiti (Papeete) Mo'orea, Raiatea, and Boa Bora before cruising back to Sydney via American Samoa (Pago Pago), Fiji (Suva), New Caledonia (Noumea).

It was a wonderful trip with many highlights and lots of fun. In Apia Western Samoa I learnt not to believe everything the ship's guide tells you. We were to attend a Kava ceremony which is a local brew the warriors used to drink prior to battle which besides being alcoholic, has the effect of making your mouth numb and were told if offered it was not compulsory to drink. Someone must have forgotten to tell the Samoans. We were seated in the front row (big mistake) and this big Samoan made a beeline for me with a half coconut full. A little tentative I took a small sip "all of it" this voiced boomed. Down the hatch, mouth went numb but fortunately not for long. On the ship health and hygiene was paramount, here we all drank from the same cup loosely rinsed in a plastic bowl.

We enjoyed the Hawaiian Islands but the pick for sheer beauty had to be Moorea in French Polynesia. It had everything sandy beaches, blue lagoons, high mountains, lush green vegetation and fruit dripping from the trees. To us it represented what a tropical paradise should be.

People ask 'how did we handle all the days at sea?' It was easy, in fact some days we had to choose between activities. Kirri, for the first time in her life, found exercise classes that were fun, Zumba which involves set exercises to music with a very athletic young lady as instructor. She also used her singing talents as a member of the ship's choir that gave two well received concerts. I confined myself to walking the deck, three times around was 1.6kms. Bowling on the ship added a third dimension to line and length, - ship's roll.

We were surprised how cheap Hawaii was for shopping, made a killing and put quite a dent into our US dollar holdings.

Neither of us wanted it to end so much so we booked our next cruise whilst still on board.

Peter Radcliffe

Something to Smile About

I was doing a crossword today and I said to my wife, "Six letters...another word for a broad road in a town or city? I still haven't got it!"

"Avenue?" she said

"No," I said, "I haven't, stop rubbing it in."

Hints on selecting a cruise

Several cruise lines claim 5 or 6 star status. These have smaller vessels generally in the 250 to 1000 passenger range and charge a higher price for the following reasons.

1. Generally all cabins have view of the sea and most have private balconies.
2. Most supply alcohol included in the fare
3. Cabins are generally larger than cheaper cruises
4. Most include tips and some offer free port excursions

These cruise lines include Regent of the Seven Seas, Seabourn, Silver Seas and Crystal

If you do not drink alcohol you are subsidising those who do drink. They do however offer the ultimate in luxury!

Some larger vessels cater for 5000 passengers, but there is also a large number of middle of the range vessels that are of around 2000 passengers. One of these is the Princess Line, a number of them working in the Australian and NZ area.

I recently travelled on the Sea Princess on a 35 day cruise which is a good example of the middle of the range type.

Another factor is children. There are fewer outside of school holidays. If you have children, these ships cater well for them and have special areas which have dedicated staff supplying a good baby-sitting service.

Typically, the inside cabins with no view of the sea, cost around \$120 per day per person which considering 3 meals a day plus afternoon and morning tea, entertainment every night and plenty of activities during the day, is a cheap holiday. These guests spend virtually all their time out of their rooms. There are some cabins that have a porthole, but no balcony and others that have a private balcony. This latter category was around \$250 per day per person.

For the well-heeled, there are always suites available which can be very large and cost up to \$1500 per day per person, offering everything including a personal butler.

Most of the cruise lines have a frequent cruiser program giving credits for the number of days cruised on the line and these provide discounts for future cruises and things such as free laundry, free mini bar and so on.

No cruise line ever charges the scheduled fee so typically they offer about 50% discount.

The bottom line of course is how much per day are you paying:-

For example my bill for 35 days was \$5000 on top of fare. This included wine with dinner, a few drinks around the ship, some casino money and money spent in the spa for acupuncture and exercise programs plus a few cheap watches and jewellery.

My next cruise will be on the Regent line in a balcony room which will cost about \$500 per day but I will not have the extras at the end. So watch out on costs!!

Shore excursions tend to be quite expensive on lines like Princess. Typically a half day excursion will cost about \$150 so we took our chances on shore. Almost without exception there are tour operators waiting for you and you can get similar trips for about half the money!

I would recommend cruising as a very relaxing holiday and these days sea sickness is pretty rare due to the stability of modern ships. **Brian Esselbach**

Many thanks to all who contributed articles It is much appreciated.

Marce Schaefer - Editor

Don't ever question the value of volunteers. Noah's Ark was built by volunteers; the Titanic was built by professionals. by Dave Gynn, Coleman